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Outrage is all the rage. And while a lot of time and energy is being spent squaring-off online, I'm not sure many minds or hearts are changing. Blog posts, Facebook posts and comment sections are full of self-righteous indignation. While so much of the discourse is really just preaching to the choir, may I suggest

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our Christian choir is sounding a

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Roizen, Oz You Being Beautiful Being is as integral to consciousness as understanding the dyna That people are more spiritual than others actually have a 'gene' that's linked to a specific spirituality receptor in the brain which would mean that people have various dispositions for feeling spiritual just the same way they have various predispositions for heart disease."

**You: Being Beautiful: The Owner's Manual to Inner and ...**

YOU: Being Beautiful: The Owner's Manual to Inner and Outer Beauty Michael F. Roizen, Author, Mehmet C. Oz, Author, Gary Hallgren, Illustrator with Ted Spiker, Craig Wynett, Lisa Oz and Arthur Perry.

**Nonfiction Book Review: YOU: Being Beautiful: The**

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